



# **LOVE** SAFELY

Lets talk about mpox!

Mpox is a viral infection, with symptoms that can include a painful and uncomfortable rash or sores, often accompanied with flu-like illness. Mpox can result in severe disease requiring hospitalization, particularly in persons with other health conditions or those who are immunocompromised.

Anyone, regardless of sexual orientation or gender identity can get mpox through close, personal contact with someone who has symptoms of mpox. However, data suggests that the virus has primarily spread among social networks of gay, bisexual, and same gender-loving men through intimate contact. Risk is especially high for same gender-loving men who have multiple or anonymous sexual partners.

# What Else Should I Know?



## **Vaccines**

Currently, the mpox vaccine, JYNNEOS, is a twodose vaccine, with the second shot taken 28 days after the first shot. The mpox vaccine can be taken at most local health departments and healthcare provider offices in Illinois.



# **Symptoms**

People with mpox often get a rash that may be located on the hands, feet, chest, face, or mouth or near the genitals, including the penis, testicles, labia, vagina, and anus. The incubation period is 3-17 days. Other symptoms include fever, chills, muscle aches/backaches, headaches, swollen lymph nodes, exhaustion, or respiratory symptoms.



### **Treatment**

The primary medication available for mpox treatment at this time is an antiviral called tecovirimat or TPOXX, and it is primarily recommended for patients who are more likely to get severely ill, like patients with weakened immune systems.



# **Testing**

There are a lot of causes for rash illness besides mpox. If you have a rash illness, with or without accompanying symptoms, such as fever, fatigue, headache, muscle aches and/or enlarged lymph nodes, it is advised that you contact your medical provider to seek mpox testing.





